



COACHES' CODE OF CONDUCT

Talk to anyone about sport and most people can tell you about one great coach they have had in their life time who has had a profound impact on them. It is quite possible that whilst they worked really hard for that particular coach they were not aware until many years later of the wonderful non-sporting skills they acquired.

At Hampton Hammers, we believe that it is an awesome job and a privilege to be a coach, but make no mistake - as well as being immensely rewarding, it can be frustrating, disheartening, sometimes even a little lonely when things are not going to plan. However, despite all of that, being a coach and knowing that you have the opportunity to help shape your netballers a little, or maybe a lot, is an opportunity and a responsibility worth grabbing with both hands.

As coaches you will work with players not only to develop and enhance their netball skills and general fitness but you will find you play a big part in teaching (directly or often indirectly) your netballers about team work; self-analysis; the importance of analyzing your opponent; resilience; integrity; humility; influencing; diplomacy; learning to have a voice on & off the court; a positive attitude; learning how to win and lose with grace; respect for themselves and others; and mental toughness to name a few. Naturally this is age dependent; but at Hampton Hammers we believe that if we can build a natural curiosity about how a game can be won and lost their thirst for more knowledge increases, generally followed by better performance.

At Hampton Hammers, we want our Coaches to:

- **Build** appropriate working relationships with each netballer based on mutual trust and respect.
- **Recognise** the importance of fun and enjoyment particularly, when coaching novice and young players. Most learning is achieved through doing.
- **Appreciate** the needs of the players before the needs of netball.
- **Ensure** that the activities utilized or advocated are appropriate for the age, maturity, experience and ability of the playing group.
- **Be** positive role models – think what this implies.
- **Encourage** and guide players to accept responsibility for their own behavior and performance;
- **Communicate** with your netballers exactly what is expected of them (and where appropriate, their parents) and also what they are entitled to expect from their coach.
- **Keep** winning and losing in perspective – encourage young players to behave with dignity in all circumstances.
- **Respect** all umpires and the decisions they make (remember without them your team could not take the court) and ensure that your netballers recognise that they must do the same.
- **Develop** a positive and supportive working relationship throughout the season with the parents of your netball team.
- **Receive** timely advice from parents when their daughter/s are not able to attend training or game day.
- **Ensure** your overall priority is to make learning fun; and that your netballers are progressed to their maximum potential in both individual and team skills (this may mean your netballers have to work on their own outside of their weekly training session, but only if they so desire).

Coach's name:

Signature:

Date:/...../.....